



CIRCL8 freeriding camp 2009 program

Friday 13th	Saturday 14th	Sunday 15th	Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th
	07:30 - 08:30 Breakfast	07:30 - 08:30 Breakfast	07:30 - 08:30 Breakfast	07:30 - 08:30 Breakfast	07:30 - 08:30 Breakfast	07:30 - 08:30 Breakfast
<p>Welcome to the camp You can already take your skipass at the hotel</p> <p>Rooms available at arrival You can leave your luggage at the hotel if you want to go snowboarding</p> <p>Dinner 19:00 - 20:00 First dinner together, meeting and briefing about the camp</p>	<p>9:00 to 12:00 We split the group by level First riding session Discover the resort</p> <p>12:00 to 13:00 Lunch at hotel</p> <p>13:00 to 15:30 Second riding session</p> <p>15:30 to 16:00 Back to hotel Snack</p> <p>Free time (ie: shower, rest)</p> <p>Snowboarding DVD sessions Dinner 19:00 - 20:00</p>	<p>9:00 to 12:00 First riding session visit favorite discovered spots Depending on rider level maybe build kicker and hike to avoid weekend crowd Photo session</p> <p>12:00 to 13:00 Lunch at hotel</p> <p>13:00 to 15:30 Second riding session</p> <p>15:30 to 16:00 Back to hotel Snack</p> <p>17:30 Photos review</p> <p>Dinner 19:00 - 20:00</p>	<p>9:00 to 12:00 First riding session Riding and coaching</p> <p>12:00 to 13:00 Lunch at hotel</p> <p>13:00 to 15:30 Second riding session</p> <p>15:30 to 16:00 Back to hotel Snack</p> <p>16:30 Buses leave to visit Jeita Grotto</p> <p>Dinner 19:00 - 20:00</p>	<p>9:00 to 12:00 First riding session Depend of the weather - backcountry Video session</p> <p>12:00 to 13:00 Lunch at hotel</p> <p>13:00 to 15:30 Second riding session</p> <p>15:30 to 16:00 Back to hotel Snack</p> <p>17:30 Video review</p> <p>Dinner 19:00 - 20:00</p>	<p>9:00 to 12:00 First riding session</p> <p>12:00 to 13:00 Lunch at hotel</p> <p>13:00 to 15:30 Second riding session Video session</p> <p>15:30 to 16:00 Back to hotel Snack</p> <p>17:30 Video review</p> <p>Dinner 19:00 - 20:00</p>	<p>Checking out</p> <p>You can still snowboard this day</p>

Available at the hotel: Tennis table, Pool table, BabyFoot.